

## Snohomish County Mental Health Resources

**Snohomish County Behavioral Health**: Offers many services for all ages, including for teens. |

**Call 800-584-3578 or 988**

**For more local resources:**

**Chat: [www.voaww.org](http://www.voaww.org)**

**Call: 988**

**TTY Users: Dial 711 then 988** (or use your preferred relay service)

**Cocoon House**: Works to prevent teens from becoming homeless in Snohomish County. Cocoon House offers emergency services, a drop-in center, emergency housing (ages 12-17,) long-term housing, street outreach, staff trained to support youth who are LGBTQIA+ or speak Spanish, and other services. | **Visit: [www.cocoonhouse.org](http://www.cocoonhouse.org) Call or text: 425-877-5171**

**Dawson Place Child Advocacy Center**: Provides all the core services needed by child victims of physical or sexual abuse. | **24/7 Hotline: 425-252-4800**

**Globe Youth**: GLOBE (GLBTQ Loving Ourselves, Becoming Empowered) offers resources and support for teens who are LGBTQIA+ and meets every Wednesday from 6 - 8 pm in a safe, confidential, youth-friendly location in Snohomish County. | **For information, email [globeleaders@globeyouth.com](mailto:globeleaders@globeyouth.com).**

**Domestic Violence Services of Snohomish County**: Offers support for victims of domestic violence with free confidential services, including emergency shelter, legal advocacy, support groups, and more. | **24-hour Support Line: 425-25-ABUSE (425-252-2873)**