**Island County Mental Health Resources**

**Island County Human Services Behavioral Health:** Offers many services for all ages including for teens. | **Call: 800-584-3578 or 988**

**For more local resources:**

**Chat:** [**www.voaww.org**](https://www.voaww.org/)

**Call: 988**

**TTY Users:** **Dial 711 then 988** (or use your preferred relay service)

[**The HUB**](http://www.thehubafterschool.org/)**:** After-school drop-in program featuring fun activities and a meal for middle and high school youth in a safe, supportive setting in Langley. | **Call: 360- 221-0969**

[**Ryan’s House for Youth**](https://www.ryanshouseforyouth.org/)**:** Supporting teens experiencing homelessness with transitional housing, emergency shelter, and other services in the Oak Harbor and Coupeville area. The Youth Drop-In Center in Oak Harbor serves ages 12-21. The Young Adult Center in Coupeville serves ages 18-24. | **Call: Oak Harbor 360-682-5098; Coupeville 360-331-4575**

[**Readiness to Learn**](https://www.readinesstolearn.org/)**:** Offers services to families and educators, including a [Family Resource Center](https://www.readinesstolearn.org/family-resource-center) and [Youth Programs](https://www.readinesstolearn.org/youth-programs). | **Call: 360-221-6808 ext. 4321**

[**CADA (Citizens Against Domestic and Sexual Abuse)**](https://www.cadacanhelp.org/)**:** Offers survivors of domestic or sexual violence free confidential services and support, including youth resources and a crisis line in English, Spanish, Tagalog, Russian, Japanese, and Chinese. | **Crisis Line: 360-675-2232 or 800-215-5669**

[**Fleet & Family Support Center**](https://whidbey.navylifepnw.com/fleet-family/counseling-services)**:** Counseling and other services for families and naval personnel stationed at Naval Air Station Whidbey. | **Call: 866-854-0638**